

# Lauren Sheehan

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## Two Wings

www.LaurenSheehanMusic.com  
Wilson River Records | 503-224-6729

Two Wings is a spirited collection of country blues and ballads freshly transformed by Lauren Sheehan, whose voice has been likened to "clear water through the rivers of American song." She is a roots songster, singing blues, folk ballads, hymns, gospel, ragtime, and popular music of the day. Two Wings is Lauren's second album, following the international success of Some Old Lonesome Day which scored high on radio charts around the world and received wide critical acclaim. Complimenting Lauren's singing and fine guitar and banjo picking is the virtuoso harmonica playing of international Piedmont blues star Phil Wiggins (Cephas and Wiggins).

### PRAISE FOR LAUREN'S PREVIOUS ALBUM, SOME OLD LONESOME DAY, 2003:

**"The only way I will part with this CD is if I am robbed. Lauren, you have restored my faith that there is a god for music lovers and he made you."**

- Al Watts, PBS 106.7, Australia

**"Speaking of wonderful albums - Lauren Sheehan's is just great too. One does not know which track to play. You want to hear them all..."**

- Bill Hahn, WFDU 89.1 FM, Teaneck, NJ

**"It is a fabulous album!"**

- Hal Durden, "Our Saturday Tradition", KBCS-FM 91.3, Bellevue/Seattle, WA

**"....a fine new album of old songs, sung with love and respect by Portlander Lauren Sheehan....a fun set."**

- Frank Gosar, THE SATURDAY CAFE, KLCC 89.7 FM Eugene

**"Some Old Lonesome Day"...it's wonderful...It's one of the best recordings I've heard in a long time. There aren't a lot of vocalists that can trade back-and-forth with Phil Wiggins's harp playing and not come off sounding wan, but Sheehan pulls it off triumphally"**

- Paul J. Stamler, KDHX (88.1-FM) St. Louis, Mo.

### ORDER FROM:

- > www.cdbaby.com/cd/sheehan
- > Wilson River Records: www.LaurenSheehanMusic.com
- > Burnside Distribution (US wholesale):  
www.burnsidedistribution.com



### TRACK LISTINGS

TOTAL TIME: 47:08

- 1 Two Wings 3:54
- 2 Won't You Be Kind 4:03
- 3 Lonesome Day Blues 3:08
- 4 Are You Tired Of Me? 3:16
- 5 Farewell Swallowtail 2:01
- 6 Drunk Man Blues 3:40
- 7 Risin' River Blues 4:16
- 8 In My Girlish Days 2:25
- 9 Del ta Queen 0:47
- 10 Kind Hearted Woman 4:07
- 11 God's Gonna Ease My Troublin' Mind 3:36
- 12 Statesboro Blues 4:24
- 13 Only One And Only 4:44
- 14 Red Rocking Chair 2:36

Lauren Sheehan, guitars, banjo, vocals.

with Phil Wiggins, Bill Uhlig, Ryc Williamson,  
Peter "Spud" Siegel, Dick Titterington  
and Kate Power.